

# FINAL ANNOUNCEMENT

21st CONTINUING PROFESSIONAL DEVELOPMENT SERIES (CPD):

Organised by:



THE BRANDLAUREATE  
CSR AWARDS 2018  
NATIONAL DIABETES  
INSTITUTE

Endorsed by:



THE BRANDLAUREATE  
CSR BRANDLEADERSHIP  
AWARDS 2018  
PROF. MUSTAFFA EMBONG

# 'DIABETES ASIA 2024' CONFERENCE (DAC 2024)

OCTOBER **THU 17** **FRI 18** **SAT 19** 2024



Conference venue:

Royale Chulan Kuala Lumpur  
5, Jalan Conlay  
50450 Kuala Lumpur, Malaysia

Stand a chance to win  
CASH PRIZES  
&  
Grab your opportunity to win exciting  
prizes in LUCKY DRAW!!!

SECRETARIAT 'DIABETES ASIA 2024' CONFERENCE  
NATIONAL DIABETES INSTITUTE (NADI)

NO. 1, JALAN SS 3/50, 47300 PETALING JAYA, SELANGOR, MALAYSIA

TEL: +603-78761676 FAX: +603-78761679

Email: [enquiry@nadidiabetes.com.my](mailto:enquiry@nadidiabetes.com.my)

Website: [www.nadidiabetes.com.my](http://www.nadidiabetes.com.my) / [www.nadidac24.com.my](http://www.nadidac24.com.my)

# NADI Continuing Professional Development Series

Prevalence of diabetes mellitus, especially of Type 2, is on the increase. This rise is most marked in developing countries, Malaysia included. Thus, there is an urgent need for strategies to prevent this 'epidemic' and for early diagnosis of diabetes. Beyond these, there is need for ensuring optimal management of the disease, its complications and associated diseases.

To help address these issues, the National Diabetes Institute (NADI) of Malaysia, organises the Continuing Professional Development (CPD) Series annually since its inception in 2002.

In 2008, this CPD was expanded as 'Diabetes Asia Conference' (DAC) to emphasise the uniqueness of diabetes presentation and management in Asians.

## Objectives of the Conference

The Continuing Professional Development (CPD) Series as "**Diabetes Asia 2024**" Conference aims to help improve management of diabetes with emphasis on recent advances and practical aspects of diabetes care. Participants are expected to be able to:

- Appreciate recent advances and practical aspects of diabetes care
- Understand ways of ensuring early diagnosis and optimal management for good control of diabetes, its complications and associated diseases
- Apply knowledge gained during the Conference to further improve care for persons with diabetes in the community

## Who Should Attend

Healthcare professionals responsible for managing people with diabetes including:

- Medical and Surgical Specialists
- General Physicians and Surgeons
- Primary Care Physicians
- General Practitioners
- Medical and Health Officers
- Trainee Lecturers
- Pharmacists
- Nutritionists and Dietitians
- Researchers (Clinical & Basic Sciences) in Diabetes
- Health Education Officers
- Diabetes Educators
- Other healthcare professionals involved in diabetes care

## FREE PAPER PRESENTATION

**Free paper presentation is open for all aspects (clinical and basic science) of research relating to diabetes, its complications and co-morbidities.**

Participants are encouraged to submit free papers for **Oral or Poster Presentation**. Please refer to the attached paper "**Call for Free Paper Abstracts**" for instruction.

**Closing date for free paper abstract submission is September 1, 2024**

Free paper presentation will be judged for either the "Best Oral Presentation Awards" or "Best Poster Presentation Awards". **An awarding ceremony will be held at the end of the Conference.**

## FREE PAPER AWARDS (CASH PRIZES)

### "BEST ORAL PRESENTATION AWARDS"

Best Award: RM 3,000

Second Award: RM 2,000

Third Award: RM 1,000

### "BEST POSTER PRESENTATION AWARDS"

Best Award: RM 2,000

Second Award: RM 1,000

Third Award: RM 750

\*A **Certificate of Award** will also be presented to the winners.

**THE JUDGES' DECISION IS FINAL.** No further correspondence is allowed

**Closing date for abstracts:**

**September 1, 2024**

## LUCKY DRAWS!

**Cash prizes, hampers and vouchers @ Lucky Draws**

To encourage active participation and attendance, lucky draws shall be conducted at the end of the Course. Lucky winners may receive cash rebates or hampers from advertisers or vouchers from hotels.

**To be eligible for the Lucky Draws, participants must visit the exhibitors' booths and table tops to receive their respective chops as proof of attendance.**

- ✓ **Certificate of attendance for all Delegates**
- ✓ **CPD Points are available for Malaysian Doctors, Nurses, Dietitians, Pharmacists, Nutritionists, Medical Assistants, Diabetes Educators & Health Education Officers.**

The 'Diabetes Asia 2024' Conference (DAC 2024) will emphasise on recent advances in the understanding and care of diabetes, its complications and related diseases.

## CENTRAL ORGANISING COMMITTEE

**Patron :** YABhg. Tun Dr. Mahathir Mohamad  
**Advisor :** Professor Dato' Anuar Zaini Md. Zain  
**Chairman :** Emeritus Professor Dato' Mustaffa Embong  
**Secretary :** Dato' Dr. Nor 'Aini Abu Bakar  
**Treasurer :** Ms. Rosmawati Yusoff

### Sub Committees

**Scientific :** Professor Dato' Mafauzy Mohamad (Chairman)  
Professor G. R. Letchuman  
Professor Norlaila Mustafa  
Associate Professor Lim Lee Ling  
Datuk Dr. Zanariah Hussein

**Sabah & Sarawak Representative :** Dr. William Voon Yu Huat

**Fund Raising & Exhibition :** Ms. Rosmawati Yusoff

**Audiovisual :** Signature Production

**Conference Coordinator :** Ms. Misfahulhairah Shariff

**Secretariat :** Dato' Dr. Nor 'Aini Abu Bakar (Chairperson)  
Ms. Fatimah Zaharah Rahman

## INTERNATIONAL ADVISORY BOARD

Emeritus Professor Augusto D. Litonjua, *Philippines*  
Emeritus Professor Clive S. Cockram, *Hong Kong*  
Emeritus Professor Morsi Arab, *Egypt*  
Professor Eberhard Standl, *Germany*  
Professor Harold E. Lebovitz, *USA*  
Professor Luc Van Gaal, *Belgium*  
Professor Philip Home, *United Kingdom*  
Professor Thep Himathongkam, *Thailand*  
Professor Timothy Davis, *Australia*  
Professor Xu Zhang Rong, *China*

## INVITED CONFERENCE SPEAKERS/ CHAIRPERSONS\*



**Professor Eberhard Standl**  
Professor of Medicine  
Diabetes Research Group e.V  
The Helmholtz Center, Munich  
GERMANY  
(confirmed)



**Professor Nemencio Almare Nicodemus Jr.**  
Professor  
University of the Philippines  
College of Medicine, Department of Medicine  
Philippine General Hospital  
PHILIPPINES  
(confirmed)



**Professor Luc Van Gaal**  
Professor of Medicine  
Department of Endocrinology,  
Diabetology & Metabolic Disease  
Antwerp University Hospital(UZA)  
BELGIUM  
(confirmed)



**Professor Richard Maclsaac**  
Professor and Director of Endocrinology  
Department of Endocrinology & Diabetes  
St Vincent's Health,  
AUSTRALIA  
(confirmed)



**Professor M. Zaman Shaikh**  
Director  
National Institute of Diabetes &  
Endocrinology  
Professor of Medicine  
Dow University of Health Sciences  
Karachi, PAKISTAN  
(confirmed)



**Professor Ronald Ching-Wan Ma**  
Professor & Head of Division of Endocrinology &  
Diabetes  
Department of Medicine and Therapeutics  
Chinese University of Hong Kong  
Prince of Wales Hospital  
HONG KONG  
(confirmed)

The International Faculty is complemented by more than 30 local experts in diabetes and related fields \*Subject to change

## INVITED LOCAL SPEAKERS AND CHAIRPERSONS

1. Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*
2. Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*
3. Professor Dato' Ikram Shah Ismail, *MAHSA University*
4. Professor Dato' Mafauzy Mohamed, *University Sains Malaysia Hospital*
5. Professor Datuk Dr Siti Zawiah Omar, *University Malaya Medical Centre*
6. Professor G.R Letchuman, *Monash University Malaysia*
7. Professor Mae-Lynn Catherine Bastion, *Hospital Canselor Tuanku Muhriz UKM*
8. Professor Mohd Yazid Bajuri, *Hospital Canselor Tuanku Muhriz UKM*
9. Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre*
10. Professor Norlaila Mustafa, *Hospital Canselor Tuanku Muhriz UKM*
11. Professor Raja Affendi Raja Ali, *Hospital Canselor Tuanku Muhriz*
12. Professor R. Jeyakantha Ratnasingam, *University Malaya Medical Centre*
13. Professor Shireene Ratna Vethakkan, *University Malaya Medical Centre*
14. Professor Wu Loo Ling, *Subang Jaya Medical Centre*
15. Associate Professor Azriyanti Anuar Zaini, *University Malaya Medical Centre*
16. Associate Professor Lim Lee Ling, *University Malaya Medical Centre*
17. Associate Professor Noor Shafina Mohd Nor, *Universiti Teknologi Mara*
18. Associate Professor Norasyikin A. Wahab, *Hospital Canselor Tuanku Muhriz UKM*
19. Associate Professor Stephen Jambunathan, *University Malaya Medical Centre*
20. Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital*
21. Associate Professor Zulfetri 'Azuan Mat Daud, *Universiti Putra Malaysia*
22. Dato' Sri Dr. Azhari Rosman, *National Heart Institute*
23. Dato' Dr. David Chew Soon Ping, *Cardiac Vascular Sentral Kuala Lumpur*
24. Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Centre*
25. Datuk Dr. Zanariah Hussein, *Putrajaya Hospital*
26. Dr. Ahmad Zawawi Zakaria, *National Sports Institute*
27. Dr. Ch'ng Tong Wooi, *Sunway Medical Centre*
28. Dr. Fatimah Zaherah Mohamed Shah, *Universiti Teknologi Mara*
29. Dr. Hanif Hussein, *Kuala Lumpur Hospital*
30. Dr. Janet Hong Yeow Hua, *Putrajaya Hospital*
31. Dr. Ng Ooi Chuan, *Universiti Putra Malaysia*
32. Dr. Vijay Ananda Paramasvaran, *Pantai Hospital Kuala Lumpur*

\*Subject to confirmation

# Conference Outline\*

17 October 2024		18 October 2024		19 October 2024		
THURSDAY		FRIDAY		SATURDAY		
(0700 - 0815) <b>REGISTRATION</b>		(0800 - 0900) <b>Breakfast Symposium 1</b> <i>[Sponsored by Zuellig Pharma]</i>		(0730 - 0815) <b>Breakfast Symposium 2</b> <i>[Slot for Sponsor]</i>		
(0815- 0900) <b>Plenary 1</b>		(0900- 0945) <b>Special Lecture 2</b> <i>[Sponsored By Novo Nordisk]</i>		(0815- 0900) <b>Plenary 4</b>		
(0900- 0945) <b>Special Lecture 1</b> <i>[Slot for Sponsor]</i>				(0900- 0945) <b>Plenary 5</b>		
<b>BREAK (0945-1015)</b>						
(1015 - 1215)		(1015 - 1215)		(1015 - 1215)		
<b>Main Symposium 1A</b>	<b>Main Symposium 1B</b> <i>[Sponsored by Boehringer Ingelheim]</i>	<b>Main Symposium 2A</b>	<b>Main Symposium 2B</b> <i>[Slot for Sponsor]</i>	<b>Main Symposium 4A</b>	<b>Main Symposium 4B</b>	
(1215-1315)		(1215-1315)		(1215-1315)		
<b>Lunch Symposium 1</b> <i>[Sponsored by Taisho Pharmaceutical]</i>		<b>Friday Prayers</b>	<b>Lunch Symposium 2A</b> <i>[Slot for Sponsor]</i>	<b>Lunch Symposium 2B</b> <i>[Sponsored by AstraZeneca]</i>	<b>Lunch Symposium 3A</b> <i>[Slot for Sponsor]</i>	<b>Lunch Symposium 3B</b> <i>[Slot for Sponsor]</i>
<b>LUNCH</b> (1315 - 1415)			<b>LUNCH</b> (1315 - 1415)		<b>LUNCH</b> (1315 - 1415)	
(1415 - 1545)		(1415 - 1545)		(1415 - 1545)		
<b>Experts' Case Discussion</b>		<b>Main Symposium 3A</b>	<b>Main Symposium 3B</b> <i>[Slot for Sponsor]</i>	<b>Main Symposium 5A</b>	<b>Main Symposium 5B</b> <i>[Slot for Sponsor]</i>	
<b>1</b>	<b>2</b>					
<b>Free Paper Presentations</b>						
<b>1 (ORAL)</b>	<b>2 (POSTER)</b>					
<b>BREAK (1545 - 1615)</b>						
(1615 - 1700) <b>Plenary 2</b>		(1615 - 1700) <b>Plenary 3</b>		(1615 - 1700) <b>Plenary 6</b>		
(1700 - 1745)		(1700 - 1745)		(1700 - 1745)		
<b>Meet the Professor 1A</b>	<b>Meet the Professor 1B</b>	<b>Meet the Professor 2A</b>	<b>Meet the Professor 2B</b>	<b>Free Paper Presentation Awarding Ceremony &amp; Lucky Draws</b>		
		<b>(1745 - 1845) Dinner Symposium</b>				<b>(1745) End of Conference</b>

\*Subject to change

# SCIENTIFIC PROGRAMME\*

International speakers will be delivering lectures IN-PERSON on subjects of current interest relevant to diabetes care during Plenary and Symposium Sessions. They may also be the resource persons for Meet-the Professor Sessions

Local experts will participate in-person in symposiums and case discussion sessions

## Plenary Topics:

1. Managing Diabetes with Gut Hormone Receptor Agonists
2. Diabetes in Asia - From Epidemiology to Precision Medicine
3. New Developments in the Field of T1DM - Is It Curable In the Near Future?
4. Challenges in Diabetes Care in Developing Countries
5. Effective and Safe Strategies in the Management of Diabetes In Older Persons
6. Current Approach in Managing People with Obesity and T2DM

## Symposium Themes/ Topics Include:

### MAIN SYMPOSIUM 1A

**Theme: Treating Diabetes Beyond Glucose: New Drugs**

**Topics:**

1. Dual Incretin and Triple G Agonists
2. Small Molecule, Oral GLP-1 Agonists
3. Managing Off-target Effects of GLP-1 Agonists

### MAIN SYMPOSIUM 2A

**Theme: Advances in the Management of Diabetic Macrovascular Complications**

**Topics:**

1. Treatment for Cardiovascular Residual Risk in Diabetes
2. Heart Failure in Diabetics: Early Diagnosis and Treatment
3. Peripheral Artery Disease in Diabetics: How Best to Diagnose and Treat

### MAIN SYMPOSIUM 3A

**Theme: New Knowledge in the Prevention and Treatment of Microvascular Complications**

**Topics:**

1. Managing Beyond Antihyperglycemic and Antihypertensive Agents for Diabetic Kidney Disease
2. Emerging Treatment Strategies for Diabetic Retinopathy
3. Advances in the Management of Diabetic Foot Ulcer

### MAIN SYMPOSIUM 4A

**Theme: Diabetes in Children & Adolescents**

**Topics:**

1. Challenges in Managing Diabetes in Children with Obesity
2. Children & Adolescents with Diabetes Complications: Can we predict and prevent?
3. CGMS and Insulin Pumps in Children: what outcome measures should we be looking for?

### MAIN SYMPOSIUM 4B

**Theme: Diet and Exercise: New Knowledge**

**Topics:**

1. Exercise as Medicine – Physical Activity for Preventing and Managing Diabetes Complications
2. Counting Calories or Counting the Hours: Which is Better?
3. Influence of the Microbiome on Diabetes and Obesity

### MAIN SYMPOSIUM 5A

**Theme: Managing Diabetes in Special Groups**

**Topics:**

1. Hyperlipidaemia in High-risk Diabetics Not Responding Adequately to Statin: What's Next?
2. Depression in Diabetics: Early Recognition and Management
3. Diabetes in Pregnancy: Oral or Injectable; Finger Pricks or CGM?

## Experts' Case Discussions:

1. An Obese type 2 DM Patient with 'Early-onset' Complications
2. Frequent Hypos and Hypers in A 14-year-old Girl with Type 1 Diabetes

## Sponsored Sessions:

1. Boehringer Ingelheim (M) Sdn Bhd
2. Taisho Pharmaceutical
3. Zuellig Pharma Sdn Bhd
4. Novo Nordisk Pharma Malaysia Sdn Bhd
5. AstraZeneca Sdn Bhd

## Meet-The-Professors:

1. **The Future of Diabetes Care (Type 2)**  
Professor Eberhard Standl, *GERMANY*
2. **Role of Precision Medicine and AI in Managing Diabetes**  
Professor Ronald Ching-Wan Ma, *HONG KONG*
3. **Improving Outcome for Type 1**  
Professor M. Zaman Shaikh, *PAKISTAN*
4. **New Diabetes Drugs: What, When and How to Use**  
Professor Nemencio Almare Nicodemus Jr.,  
*PHILIPPINES*

\*Subject to change

## Registration & Fees:

Registration form is enclosed with this **FINAL ANNOUNCEMENT**. Completed form must be returned with the proof of registration fee payment to the Secretariat of the 'Diabetes Asia 2024' Conference by mail or fax.

Registration fee covers admission to all NADI 'Diabetes Asia 2024' Conference sessions and trade exhibition, conference bag, identification tag and printed materials, Conference lunches and tea/coffee breaks. The fees are as follows:

Local Delegates (Subsidised Rates)			International Delegates		
Registration	Conference Fee*	Please Tick	Registration	Conference Fee	Please Tick
EARLY BIRD REGISTRATION (before September 1, 2024)	<b>RM880</b>		EARLY BIRD REGISTRATION (before September 1, 2024)	<b>USD450</b>	
AFTER September 1, 2024	<b>RM980</b>		AFTER September 1, 2024	<b>USD550</b>	

\* Subsidised rates

Please register early to enjoy "Early Bird" discount for registration.

For **ONLINE REGISTRATION & PAYMENT DETAILS**, please visit [www.nadidiabetes.com.my](http://www.nadidiabetes.com.my) / [www.nadidac24.com.my](http://www.nadidac24.com.my)

Registration fee should be made payable to: National Diabetes Institute. Please refer to the instruction on payment.

## Accommodation:

Special room rates have been arranged for the conference participants from October 17 - 19, 2024 at the following hotels:

- »» Royale Chulan Kuala Lumpur (Conference Venue)
- »» Pullman Kuala Lumpur City Centre Hotel & Residences
- »» Grand Millenium Hotel Kuala Lumpur
- »» Dorsett Kuala Lumpur
- »» Hotel Royal Kuala Lumpur

Participants are advised to reserve their hotel accommodation early, **DIRECTLY** with the hotel of their choice.

Please specify that you wish to book as a participant of the National Diabetes Institute 'Diabetes Asia 2024' Conference in order to qualify for the special rates offered. Please refer to the accompanying leaflet for details.

*Disclaimer: The National Diabetes Institute and its agents are not to be held responsible for any change in the terms or conditions of the hotel accommodation.*

**For further information and updates regarding the 'Diabetes Asia 2024' Conference (DAC 2024), please contact:**

The Secretariat (Attention: Ms. Rosmawati / Ms. Haira / Ms. Zaharah)

National Diabetes Institute (NADI)

No. 1, Jalan SS 3/50 47300 Petaling Jaya, Selangor, MALAYSIA

Tel: **+603-7876 1676 / 1677** Fax: **+603-7876 1679**

Email: [enquiry@nadidiabetes.com.my](mailto:enquiry@nadidiabetes.com.my) OR Visit our website :[www.nadidiabetes.com.my](http://www.nadidiabetes.com.my) / [www.nadidac24.com.my](http://www.nadidac24.com.my)

### About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for people with diabetes, to prevent and control diabetes, its complications and associated diseases.

NADI is a **non-profit, Non-Governmental Organisation (NGO)** managed by a Board of Trustees, comprising of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Diabetes Malaysia (DM) and Ministry of Health (MOH), Malaysia with our former Prime Minister YABhg. Tun Dr. Mahathir Mohamad as Patron.

#### The main objectives of NADI are:

- to be a National Diabetes Education Resource Centre for the country
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to create and maintain a National Diabetes Registry
- to coordinate and conduct research in diabetes and related conditions
- to be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases
- to prevent diabetes and associated cardiometabolic conditions such as high blood pressure, high blood cholesterol and heart disease through promotion of healthy lifestyle